

## MMBC Packaging and Printed Paper Recycling Program: Accepted Paper

Accepted	Description	Not accepted
✓ Newspapers, inserts and flyers	Daily and community newspapers; advertising flyers	<ul style="list-style-type: none"> <li>✗ No plastic bags used to cover newspapers/flyers</li> <li>✗ No rubber bands</li> </ul>
✓ Magazines	All types	
✓ Catalogues	All types	
✓ Telephone books	Phone books; directories	✗ No hard cover or paperback books
✓ Paper gift wrap and greeting cards	Paper wrap for gifts, flowers, dry cleaning, etc.	<ul style="list-style-type: none"> <li>✗ No non-paper gift wrap, e.g., foil</li> <li>✗ No ribbons or bows</li> <li>✗ No musical greeting cards with batteries</li> </ul>
✓ Writing/home office paper and correspondence	<p>Note pads; loose leaf paper; white or coloured, computer, copier and printer paper; printed paper; plain and window envelopes; shredded paper.</p> <p><i>Shredded paper accepted if inside a firmly tied, clear, plastic bag (no opaque, coloured or black bags).</i></p>	✗ No padded envelopes

## Paper packaging that contained dry items when sold

Accepted	Description	Not accepted
✓ Corrugated cardboard boxes	Shipping and packing boxes; grocery and liquor store boxes; pizza boxes – flattened and contained within a Blue Bag.	<ul style="list-style-type: none"> <li>✗ No cardboard boxes with wax coating, e.g., empty produce shipping boxes made available for residents to use to transport their groceries home</li> <li>✗ Cardboard that is not inside a Blue Bag</li> </ul>
✓ Cardboard/boxboard boxes	For cereal, shoes, tissues, pizza, frozen entrees, desserts, detergent; cardboard rolls for paper towel and tissue; carrier trays for bulk bottled water, soft drinks, cans, food, etc.	<ul style="list-style-type: none"> <li>✗ No paper towels or tissues</li> <li>✗ Cardboard that is not inside a Blue Bag</li> </ul>
✓ Moulded boxboard packaging	Egg cartons; take-out beverage trays; paper-based flower pots	✗ No residue in flower pots
✓ Paper bags	Any colour, including brown bags (also called kraft paper, e.g., grocery sacks); and prescription bags	<ul style="list-style-type: none"> <li>✗ No padded envelopes</li> <li>✗ No foil lined bags, e.g., packaged cookies</li> </ul>

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✓ Paper pet food bags	Multi-layered bags for pet food	✗ No bags with a foil layer

### Paper packaging that contained liquids when sold

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✓ Paper cups	For hot and cold beverages  <i>Empty and rinse cups. Recycle lids and place loose in recycling container.</i>	✗ No straws or non-paper insulating wraps
✓ Gable-top cartons	For milk; milk-type beverages; cream; substitute eggs; sugar; molasses.  <i>Gable-top cartons may have plastic screw tops.</i>  <i>Empty and rinse cartons. Remove caps and place loose in recycling container.</i>	✗ No juice cartons (take to Return-It Depot for deposit refund)
✓ Aseptic boxes or cartons	For milk; milk-type beverages; cream; soup; broth; sauces	✗ No juice/drink boxes (take to Return-It Depot for deposit refund) ✗ No straws ✗ No stand up pouches
✓ Frozen dessert boxes	For ice cream, frozen yogurt, etc.	

### Containers

Accepted	Description	Not accepted
✓ Steel cans and lids	For food; pet food; tins for cookies, tea, chocolates, etc.  <i>Empty and rinse cans. Remove lids, drop into can and squeeze top slightly.</i>	✗ No steel paint cans (Call the RCBC Hotline 1-800-667-4321 or check <a href="#">Recyclepedia</a> ) ✗ No coat hangers (return to dry cleaners) ✗ No pots, pans and baking trays ✗ No propane cylinders (refillable or single-use 1L—Call the RCBC Hotline 1-800-667-4321 or check <a href="#">Recyclepedia</a> ) ✗ No metal toys ✗ No appliances ✗ No metal hardware ✗ No scrap metal ✗ No wiring or metal cords ✗ No extension cords
✓ Aerosol cans and caps	For food; air fresheners; shaving cream;	Call the RCBC Hotline 1-800-667-4321 or

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	deodorant; hairspray  <i>Empty cans. Remove caps and place loose in recycling container.</i>	check <a href="#">Recyclepedia</a> to find out how to dispose of the following containers:  <ul style="list-style-type: none"> <li>× No spray paint cans</li> <li>× No aerosol cans with any contents remaining</li> <li>× No propane cylinders</li> </ul>
✓ Microwavable bowls, cups and lids	For soups and entrees  <i>Remove lids and place loose in recycling container.</i>	<ul style="list-style-type: none"> <li>× No bowls with metal rims</li> <li>× No paper napkins</li> </ul>
✓ Spiral wound paper cans and lids	For frozen juice concentrate; potato chips; cookie dough; coffee; nuts; baby formula  <i>Remove lids and place loose in recycling container.</i>	
✓ Aluminum cans and lids	For food, e.g., seafood, cat food, etc.  <i>Empty and rinse cans. Remove lids, drop into can and squeeze top slightly.</i>	<ul style="list-style-type: none"> <li>× No propane tanks or 1 lb. propane bottles (For both, call the RCBC Hotline 1-800-667-4321 or check <a href="#">Recyclepedia</a>)</li> <li>× No deposit cans (take to Return-It Depot for deposit refund)</li> </ul>
✓ Aluminum foil and foil containers	Foil wrap; pie plates; food trays; baking and roasting pans; etc.  <i>Empty containers.</i>	<ul style="list-style-type: none"> <li>× No chip or foil bags</li> <li>× No foil wrap with paper backing for butter cigarettes, etc.</li> <li>× No foil-lined cardboard lids from take-out containers</li> </ul>
✓ Plastic jugs with screw tops and caps	For milk, cooking oil, laundry detergent and fabric softener; cleaning solutions, cleaning products, body care products, windshield washer fluid, etc.  <i>Empty and rinse jugs. Remove caps and place loose in recycling container.</i>	<ul style="list-style-type: none"> <li>× No jugs for flavoured tea, juice, other beverages (take to Return-It Depot for deposit refund)</li> </ul>
✓ Plastic bottles and caps	For food; dish soap; mouthwash; shampoos, conditioners and other personal care products; pills and vitamins; household cleaners; automotive cleaners, e.g., glass cleaner; windshield washer fluid; laundry products; etc.  <i>Plastic bottles have screw caps or spray, pump or pull-up tops.</i>  <i>Empty and rinse bottles. Remove caps, spray</i>	<ul style="list-style-type: none"> <li>× No beverage bottles (take to Return-It Depot for deposit refund)</li> <li>× No stand up pouches</li> <li>× No containers for motor oil, or vehicle lubricant, or antifreeze products (Call the RCBC Hotline 1-800-667-4321 or check <a href="#">Recyclepedia</a>)</li> </ul>

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	<i>pump and pull-up tops, and place loose in recycling container.</i>	
✓ Plastic jars and lids	For peanut butter; jam; nuts; condiments; vitamins and supplements; personal care products and cosmetics; pharmaceuticals; etc.  <i>Plastic jars have wide mouths with screw-top lids.</i>  <i>Empty and rinse jars. Remove lids and place loose in recycling container.</i>	
✓ Plastic clamshells	For baked goods; fruit; produce; eggs; etc.  <i>Containers are clear with hinged or click-closed tops.</i>  <i>Empty and rinse containers.</i>	✗ No packaging labelled biodegradable or compostable
✓ Plastic trays and tops	For deli chicken; single-serve meals; prepared foods; baked goods; housewares and hardware, e.g., screws, picture hangers; etc.  <i>Containers are clear or have black bottom trays with clear domes.</i>  <i>Empty and rinse trays.</i>	✗ No foam white or coloured trays (take to MMBC recycling depot) ✗ No liquid-absorbing pads ✗ No stretch wrap for meat, poultry, fish or cheese ✗ No plastic blister packs, e.g., plastic/foil protective packaging for items like chewing gum and pills
✓ Plastic tubs and lids	For food, e.g., margarine; spreads; dairy products such as yogurt, cottage cheese, sour cream, ice cream, etc.  <i>Empty and rinse tubs. Remove lids and place loose in recycling container.</i>	✗ No plastic wrap ✗ No plastic packaging labelled biodegradable or compostable
✓ Plastic cold drink cups with lids	Beverage take out cups with lids  <i>Empty and rinse cups. Remove lids and place loose in recycling container.</i>	✗ No plastic packaging labelled biodegradable or compostable ✗ No paper napkins
✓ Plastic garden pots and trays	For bedding plants; seedlings; vegetable plants; etc.	✗ No ceramic plant pots ✗ No lawn edging, tarps, plastic furniture or toys ✗ No garden hoses ✗ No plastic string or rope ✗ Remove residue from flower pots

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✓ Plastic pails	For laundry detergent; ice cream; etc. <i>Container size is less than 25L.</i>	✗ No plastic paint cans (Call the RCBC Hotline 1-800-667-4321 or check <a href="#">Recyclepedia</a> ) ✗ No plastic pails larger than 25L ✗ No pails for lubricants and oils (Call the RCBC Hotline 1-800-667-4321 or check <a href="#">Recyclepedia</a> )